



The Governing Body of Hamstead Primary School makes the following Wellbeing statement and commitment:

We recognise:

- ***The importance of ensuring the wellbeing of all children and staff at our school.***
- ***That the wellbeing of school leaders is important and that leaders should act as role models with regard to their own wellbeing before they can ensure that of anyone else.***
- ***That wellbeing extends far beyond the occasional staff breakfast or box of chocolates and includes***
 - ***Ensuring an appropriate work life balance,***
 - ***Minimising workload wherever possible,***
 - ***Ensuring autonomy, and***
 - ***Valuing people's voices and views.***
- ***That ensuring the wellbeing of our children, is vital to supporting their learning.***

We commit:

- ***To ensuring mechanisms are in place to ensure that all voices are heard and that the views of all are valued.***
- ***To considering the impact on work life balance and the affect on workload of each new policy and initiative that is introduced.***
- ***To providing adequate funding to support the identified need of both children and staff wherever possible to do so.***
- ***To providing links within the curriculum to wellbeing topics and activities to enable children to develop their own strategies for maintaining wellbeing throughout their lives.***
- ***To monitoring this statement in practice to ensure that it is real and meaningful and not just words on a page.***
- ***To putting wellbeing at the heart of everything we do.***

Lynn Howard (Chair of Governors)

Nick Fowler (Headteacher)